

# From A Child's Perspective

## What Children Want From A Coach From "Project Play"

- Respect and encouragement
- A positive role model
- Clear consistent communication
- Knowledge of the sport
- A good listener

## Why Children Play Sports

By John O'Sullivan at Changing the Game Project

When Amanda Visek of George Washington University asked children in 2014 why they played sports, 9 out of 10 said because it was fun.

When asked what makes sports fun, here were their top answers:

- Trying your best
- When the coach treats a player with respect
- Getting playing time
- Playing well as a team
- Getting along with teammates
- Being active

## Why Children Quit Sports

By John O'Sullivan at Changing the Game Project

- It's no longer fun
- They have lost ownership of the experience
- They don't get playing time
- They are afraid to make mistakes
- They feel disrespected

