

## **NCYSA No Heading Policy**

**(Ex. BOD 8/29/2016)**

In a recent webinar from the Federation, it was stated that they were looking at NO HEADING for ALL Small Sided play believing this would address the many concerns they have received. The EXBD considered this and the calls and emails we have received and made the decision to modify the heading policy to the following. This supersedes any other previously released policy on heading from NCYSA.

**NO HEADING is allowed in any small sided match (12U and younger).**

**In matches for 13U and older in which a 12U player or younger may be on the roster, heading will be allowed due to the fact that it would be very difficult for a referee to be able during the run of play to determine if a player that heads the ball is 12U or younger vs 13U and older. As stated by the Federation, it will be the coach and parent's responsibility to "police" a child 12U and younger on heading in a 13U and older match.**

**There are limitations on heading in training for 11U and younger. There are no restrictions for heading in training for 12U and older.**

This has been shared with the Referee organization their Assignors and Referees.